

## “7<sup>th</sup> April, World Health Day”

<b>EVENT NAME</b>	<b>7<sup>th</sup> April, World Health day</b>
<b>DEPARTMENT</b>	<b>HEALTH SCIENCE</b>
<b>DATE OF THE EVENT</b>	07-04-2021
<b>DUTRATION</b>	09:30 AM onwards
<b>PLACE</b>	Campus of Swarnnim University
<b>GUEST SPEAKERS</b>	Dr. Karishma Jagad (Physiotherapy Consultant) Dr. Gaurang Joshi (Ayurved Consultant)
<b>CO-ORDINATORS</b>	Dr. Chintan Pandya Dr. Shila Malivad Dr. Sagar Ital Dr. Sonali P. Ladhi Dr. Tejal J. Ganvit Dr. Jaya Mr. Chirag Trivedi

### **Objective of the event:**

World Health Day is celebrated every year on April 7 since 1950. This day is aimed at creating awareness of a specific health theme and also to highlight a priority area of concern for the World Health Organization (WHO). Other aim of this day is to acknowledge the efforts of healthcare workers and the success of the WHO. The focus of this year's World Health Day is to ensure equitable access to healthcare facilities around the globe. The World Health Day is celebrated every year to spread awareness about a specific health problem & this year it's about covid19.

The event was organized and conducted by health science event committee members.

## **Flow of the event: mention the flow / schedule of the event in detail**

The event was started around 9:30am with the Dhanvantari Vandana & lamp lighting by Dr. Navin Banarse (IP) & Dr. Dinakar Padade. On the occasion of world health day speech was given Dr. Sagar Ital. after that Yoga & Meditation session was instructed by Dr. Sonali P. Ladhi and demonstrated by Dr. Tejal J. Ganvit, students of BAMS AND BHMS were participated.

Around 10:30am rally was started from college premises with covid19 guidelines, 1<sup>st</sup> year BAMS, 1<sup>ST</sup> YEAR BHMS AND 2<sup>nd</sup> Year BAMS, Faculties & Hospital Staff OF HEALTH SCIENCE DEPT. were joined rally.

Webinar was organized by Health Science Department on the topic of Maintaining Health in Current Pandemic Situation, At- 11:00 AM; Guest Speakers were Dr. Karishma Jagad (Physiotherapy Consultant), Dr Gaurang Joshi (Ayurveda Consultant) & students of Health Science Department delivered their speech on this topic. Dr. Krishma Jagad gave speech on important of exercise in covid19 pandemic & Dr. Gaurang Joshi has talked about importance of Diet in routine life & pandemic situation.

Organized online Elocution speech competition on “Global health scenario before and after Covid 19 Pandemic” for all the students of all branches of our university. About 13 students were participated in this competition. Five students won the competition.

### **Significance / Outcome:**

Event was mainly focused on Maintaining Health in Current Pandemic Situation, how to live healthy life in this covid19 pandemic, Mental health, Diet Chart, Exercise. Rally was about spread awareness in community.

### **Photographs of the Event:**

## 1) Meditation





2)Rally



3) Guest lecture

11:37     4G  

  Zoom   
41:55 





Unmute Start Video Share Participants More





11:52

VoLTE 4G



Zoom

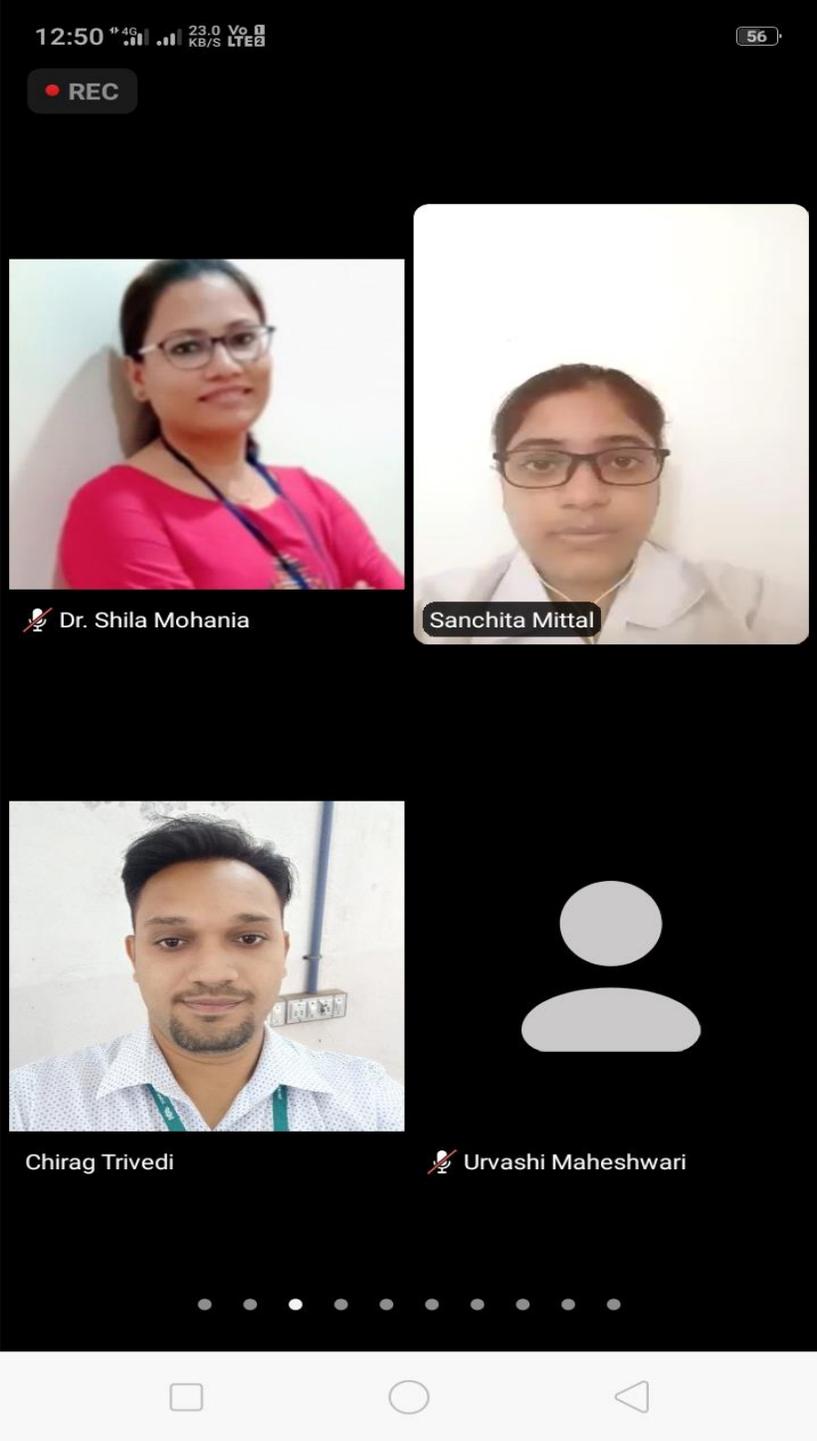
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57:22

REC



# 4) Elocution competition



11:07

4G 67

REC

