

Aarihant Homoeopathic Medical College & Research Institute

Bhojan Rathod, Gandhinagar

7th International Yoga Day Celebration (21st June 2021)

Aarihant Homoeopathic Medical College & Research Institute celebrated 7th International Day of Yoga on 21st June, through offline and online yoga sessions. This year's theme is – **“Be with Yoga, Be at Home”**.

Approximately 62 Participants had taken part in Offline Yoga Sessions and 120 Students of the college participated through online session.







DAY 6:-PADMASAN



DAY 9:-BHUJANGASAN



DAY 10:-DHANURASAN



DAY 7:-PAWANMUKTASAN



DAY 8:-SHALABHASAN



અમદાવાદ 22-06-2021

અરિહંત કોલેજ દ્વારા ઓનલાઇન અને ઓફલાઇન યોગ દિવસ ઉજવાયો

