



### Swarnim Startup & Innovation University Activity Report 2020

<b>Institute and Department</b>	Aarihant Homoeopathic medical college and research institute
<b>Activity Name / Event Name</b>	World Homoeopathic Day celebration
<b>Date of the event</b>	13/04/2021
<b>Duration</b>	10 AM TO 1.10 PM
<b>Semester</b>	1ST , 2ND , 3RD AND 4TH BHMS STUDENTS
<b>Expert Details</b>	DR. AMIT NAYAK
<b>Faculty Coordinator Details (Name, Designation, Contact Details)</b>	<p>DR. CHINTAN PANDYA ASSOCIATE PROFESSOR/ HOSPITAL INCHARGE PRACTICE OF MEDICINE MOB : 9824576473</p> <p>DR. JAYA SRIVASTAVA ASSISTANT PROFESSOR ORGANON OF MEDICINE MOB: 8318434551</p>

<b>Number of Participants</b>	114 Students were participated in the webinar given by Dr. Amit nayak sir and 15 students from different yrs took part in various competition.
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**Objective of the event: (why this event has organize, Brief about Importance of the event)**

- 1) This event was organised to pay tribute to our master samual Hahnemann.
- 2) This event was organised to encourage and boost ups the confidance of students for doing Homoeopathic practice and also encouraging students to learn Homoeopathic treatment approach in various chronic diseases.

**Flow of the event: mention the flow / schedule of the event in detail**

- 1) At 10.00 am all the faculty members gathered for the opening ceremony which started with lightening of lamp followed by tribute to our master SAMUAL HAHNEMANN on his 266th birthday.
- 2) On 10. 15 AM Addressing speech about World Homoeopathic day and why we celebrate world Homoeopathic day celebrated given by Dr. Nirav bhatt sir , Dr. Vidhi khamar and Dr. Vighe sir.
- 3) on 10.30 online case presentation done by 3rd bhms students .
- 4) From 11 to 12.30 Online Webinar given by Dr. Amit nayak sir , professor of materia medica , bhopal gov. Homoeopathic college.
- 5) From 12.35 pm to 1.00 pm various competition for students like knowing ur remedy by acting and slogan competition .
- 6) Vote of thanks speech by Dr. Chintan pandya , event coordinator.

**Significance/Outcome:**

(Include questions and answer session with expert and students, what students learn from this event, include examples shared by expert faculties during the talk etc.)

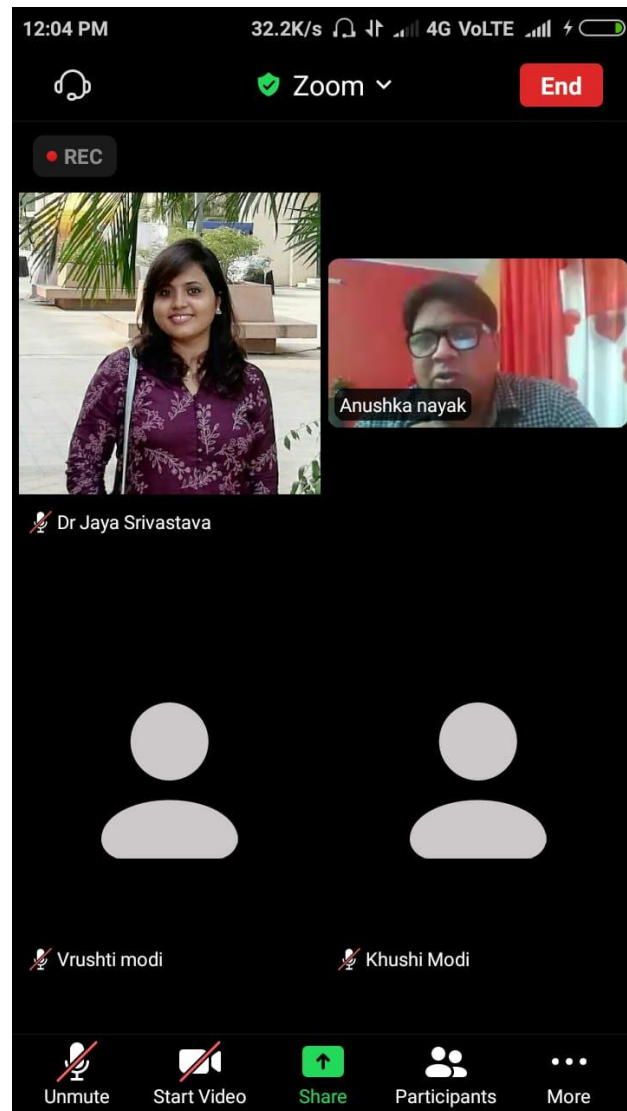
All the students learnt about Homoeopathic approach in various chronic diseases and also they learnt about constitutional approach of studying Materia medica. They also came across the surgical case approach and its Homoeopathic management. Through remedy acting competition every students got to learnt medicines in a most entertaintment way.

**Conclusion:**

ON 13/04/21 AARIHANT HOMOEOPATHIC MEDICAL COLLEGE AND RESEARCH INSTITUTE ORGANISED VIRTUAL EVENT ON THE OCCASSION OF 266TH WORLD

HOMOEOPATHIC DAY AND ALSO ORGANISED WEBINAR FOLLOWED BY DIFFERENT CURRICULAR COMPETITION. ABOUT 114 STUDENTS WERE PARTICIPATED AND 15 STUDENTS TOOK PART IN VIRTUAL COMPETITION. WEBINAR GIVEN BY DR. AMIT NAYAK SIR ON " CONSTITUTIONAL APPROACH IN HOMOEOPATHY.

Photographs:



10:27

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power that increase of  
pressure over rectal veins  
plexus and develops piles.



#### • Diarrhea

- Like constipation diarrhea also one major cause for develops of piles, person who suffering chronic diarrhea are more prone to piles or hemorrhoids. No stool and excessive stool both are a reason behind this painful pile.



#### • Sitting on the toilet for long periods of time:

- Few person who have a peculiar habit to sit for too long period of time for no reason and put extra strain for bowel movement. They have feeling something has been left so give extra pressure to realize out. That causes excessive blood to be pumped to the rectal veins, leading to swollen veins protrude out the anal walls.



#### • Sitting job :





11:11

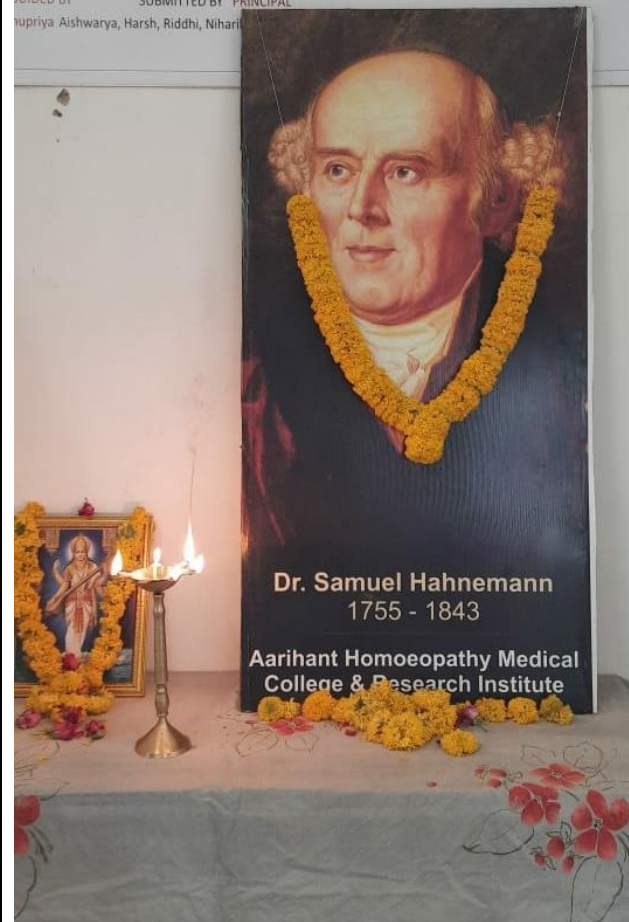
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GUIDED BY  
Aishwarya, Harsh, Riddhi, Niharika

SUBMITTED BY PRINCIPAL





HOMEOPATHY IS ONE  
OF THE FEW MEDICAL  
SPECIALITIES WHICH  
CARRIES NO PENALTIES  
ONLY BENEFITS

-Vanita Panchal-



11:37



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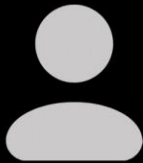
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Dr. Chintan pandya MD BHMS



Anushka nayak



Ayushi Rathod



Patel khushi g



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Participants



More

## **“7<sup>th</sup> April, World Health Day”**

<b>EVENT NAME</b>	<b>7<sup>th</sup> April, World Health day</b>
<b>DEPARTMENT</b>	<b>HEALTH SCIENCE</b>
<b>DATE OF THE EVENT</b>	07-04-2021
<b>DUTRATION</b>	09:30 AM onwards
<b>PLACE</b>	Campus of Swarnnim University
<b>GUEST SPEAKERS</b>	Dr. Karishma Jagad (Physiotherapy Consultant)  Dr. Gaurang Joshi (Ayurved Consultant)
<b>CO-ORDINATORS</b>	Dr. Chintan Pandya Dr. Shila Malivad Dr. Sagar Ital Dr. Sonali P. Ladhi Dr. Tejal J. Ganvit Dr. Jaya Mr. Chirag Trivedi

### **Objective of the event:**

World Health Day is celebrated every year on April 7 since 1950. This day is aimed at creating awareness of a specific health theme and also to highlight a priority area of concern for the World Health Organization (WHO). Other aim of this day is to acknowledge the efforts of healthcare workers and the success of the WHO. The focus of this year's World Health Day is to ensure equitable access to healthcare facilities around the globe. The World Health Day is celebrated every year to spread awareness about a specific health problem & this year it's about covid19.

The event was organized and conducted by health science event committee members.

## **Flow of the event: mention the flow / schedule of the event in detail**

The event was started around 9:30am with the Dhanvantari Vandana & lamp lighting by Dr. Navin Banarse (IP) & Dr. Dinakar Padade. On the occasion of world health day speech was given Dr. Sagar Ital. after that Yoga & Meditation session was instructed by Dr. Sonali P. Ladhi and demonstrated by Dr. Tejal J. Ganvit, students of BAMS AND BHMS were participated.

Around 10:30am rally was started from college premises with covid19 guidelines, 1<sup>st</sup> year BAMS, 1<sup>ST</sup> YEAR BHMS AND 2<sup>nd</sup> Year BAMS, Faculties & Hospital Staff OF HEALTH SCIENCE DEPT. were joined rally.

Webinar was organized by Health Science Department on the topic of Maintaining Health in Current Pandemic Situation, At- 11:00 AM; Guest Speakers were Dr. Karishma Jagad (Physiotherapy Consultant), Dr Gaurang Joshi (Ayurveda Consultant) & students of Health Science Department delivered their speech on this topic. Dr. Krishma Jagad gave speech on important of exercise in covid19 pandemic & Dr. Gaurang Joshi has talked about importance of Diet in routine life & pandemic situation.

Organized online Elocution speech competition on “Global health scenario before and after Covid 19 Pandemic” for all the students of all branches of our university. About 13 students were participated in this competition. Five students won the competition.

## **Significance / Outcome:**

Event was mainly focused on Maintaining Health in Current Pandemic Situation, how to live healthy life in this covid19 pandemic, Mental health, Diet Chart, Exercise. Rally was about spread awareness in community.

## **Photographs of the Event:**

## 1) Meditation






2) Rally












### 3) Guest lecture

11:37




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41:55


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 Participants





 More

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11:52

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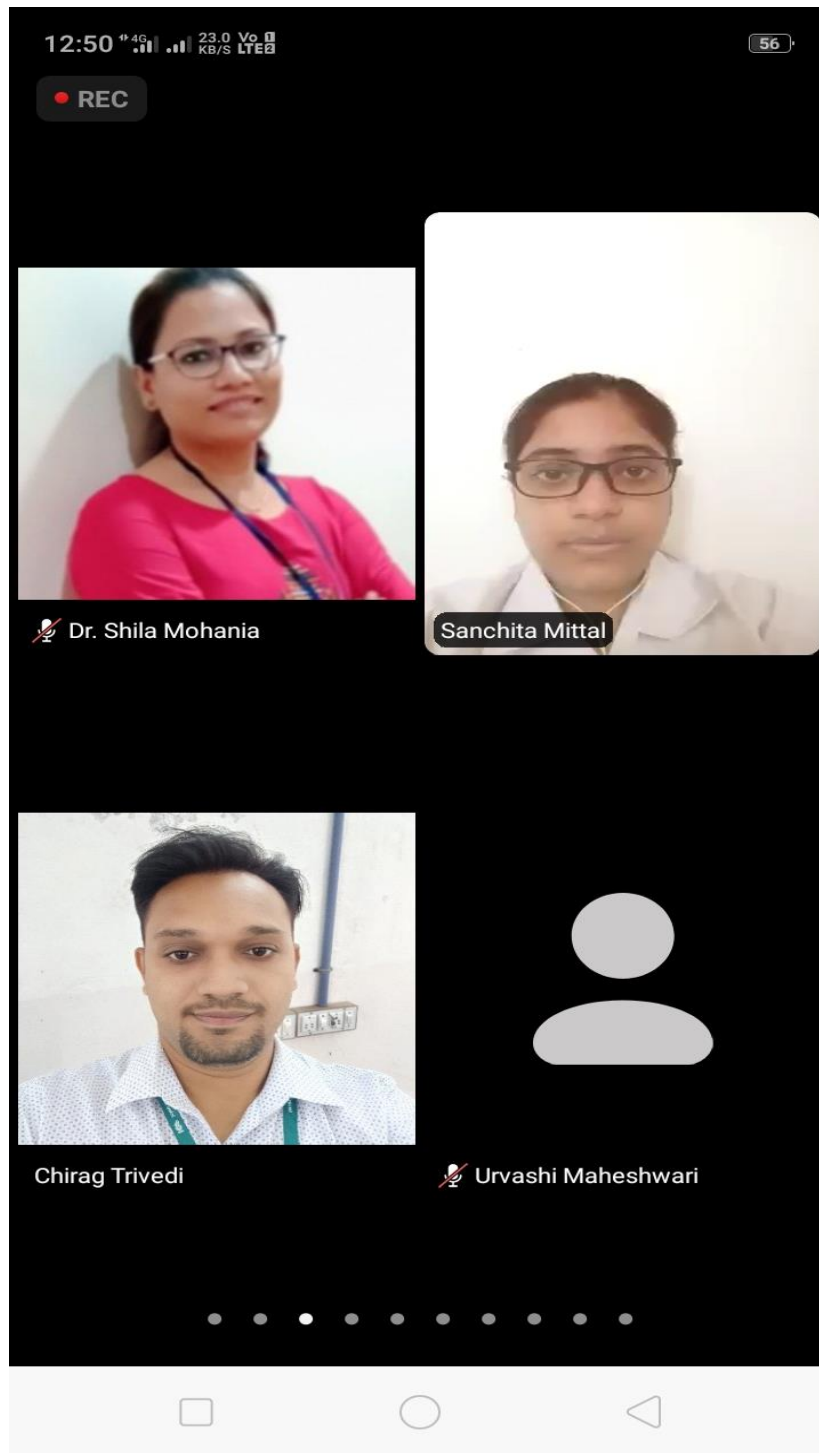
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## 4) Elocution competition



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Swarnim University