



**SWARNIM STARTUP & INNOVATION UNIVERSITY**  
**ACTIVITY REPORT 2025**

INSTITUTION NAME	AARIHANT HOMOEOPATHIC MEDICAL COLLEGE AND RESEARCH INSTITUTE
ACTIVITY / EVENT NAME	SWARNIM VIBRANCE 2025
DATE OF THE EVENT	07/01/2025 – 13/01/2025
DURATION	7 DAYS
LOCATION	SSIT, BHOYAN RATHOD
PARTICIPANT'S BRANCH / INSTITUTES	HOMOEOPATHY
TOTAL NUMBER OF PARTICIPANTS	300 STUDENTS AND 15 FACULTIES
FULL NAME OF PRINCIPAL WITH DESIGNATION	PROF. DR. AMITA V. PETER PRINCIPAL
FACULTY COORDINATOR DETAILS ( NAME AND DESIGNATION DETAILS )	DR. NIRAV BHATT (PROF IN REPERTORY) DR. CHINTAN PANDYA (PROF IN MEDICINE) DR. KINJAL PATEL (ASSOCIATE PROF IN MEDICINE) DR. RAJIV PETERS (ASSOCIATE PROF IN ORGANON) DR. KAJAL JOSHI (ASSOCIATE PROF IN ORGANON) DR. KAVISH PANDEY (ASSOCIATE PROF IN ANATOMY) DR. PRIYANKA CHAUHAN (ASST. PROF IN PHYSIOLOGY) DR. KHUSHBOO PRAJAPATI (ASST. PROF IN PHARMACY) DR. DISHA SORATHIYA (ASST. PROF IN REPERTORY) DR. VISHAL (ASST. PROF IN MEDICINE) DR. BHAWANA (ASST. PROF IN GYNAECOLOGY) DR. REENA SOLANKI (ASST. PROF IN ORGANON) DR. SAURABH PATEL (ASST. PROF IN PHYSIOLOGY) DR. VINEETA KUMAR (ASST. PROF IN SURGERY) DR. PALAK RAJAWAT (ASST. PROF IN MATERIA MEDICA)





### **Objective of the event:**

- The objective of a Sports Week event is to promote physical fitness, teamwork, and healthy competition among participants.
- It encourages people to engage in various sports and physical activities, fostering a sense of community and sportsmanship.
- Additionally, it aims to raise awareness about the importance of regular exercise, improve mental and physical well-being, and provide a fun and inclusive environment for participants of all skill levels.

### **Flow of Event:**

On the Day 1 of sports week:

10:00 AM - 10:15 AM: Inauguration Ceremony  
- Welcome address by the Chief Guest  
- Lighting of the lamp  
- Declaration of the sports event open  
10:15 AM - 12:00 PM: Cricket Match  
12:00 PM - 1:00 PM: Break  
1:00 PM - 2:30 PM: Kho Kho Match  
3:30 PM - 5:00 PM: Badminton and Lemon Spoon Events

Day 2

10:00 AM - 12:00 PM: Kabbadi  
12:00 PM - 1:00 PM: Break  
1:00 PM - 2:30 PM: Volleyball  
3:30 PM - 5:00 PM: Table tennis and chess

Day 3

10:00 AM - 12:00 PM: 200Mtr. Race and Relay race  
12:00 PM - 1:00 PM: Break  
1:00 PM - 2:30 PM: Musical chair  
3:30 PM - 5:00 pm Tug of war





#### Day 4

10:00 AM - 12:00 PM: Carom

12:00 PM - 1:00 PM: Break

1:00 PM - 2:30 PM: Football

3:30 PM - 5:00 PM: Rangoli competition

#### Day 5

10:00 AM - 12:00 PM: Educational reels and campus life video/photography

12:00 PM - 1:00 PM: Break

1:00 PM - 2:30 PM: Painting competition

3:30 PM - 5:00 PM: Poster making and model making

#### Day 6

Finals of all the games of students and faculties were played.

#### Day 7

Distribution of medals and certificates to all the winners and runner-up teams.

Winners of Rangoli Competition ( Maitri , Tvesha , Mahek , Poonum)

Runner-up of Kho Kho ( shraddha )

#### **Significance/Outcome:**

1. **Enhanced Physical Health:** Encourages participants to engage in physical activities, promoting overall fitness, and reducing health risks associated with sedentary lifestyles.
2. **Teamwork and Collaboration:** Fosters a spirit of teamwork and collaboration as participants work together in team sports, improving communication and cooperation.
3. **Increased Community Engagement:** Brings together people from different backgrounds, creating a sense of belonging and strengthening community bonds.
4. **Promotion of Healthy Competition:** Encourages friendly competition, which can motivate individuals to push their limits, develop resilience, and achieve personal goals.





5. **Stress Relief:** Physical activities help reduce stress and improve mental health, offering a break from daily routines and providing a fun and engaging way to unwind.
6. **Awareness of Sports and Fitness:** Highlights the importance of regular exercise and sports participation in leading a balanced and healthy lifestyle.
7. **Boosted Morale and Motivation:** The excitement and energy of the event can enhance morale, inspire individuals to continue engaging in sports, and promote long-term healthy habits.

### **Conclusion**

Our Swarnnim Vibrance successfully achieves its goal of promoting physical activity, fostering teamwork, and encouraging healthy competition. It not only improves participant's physical and mental well-being but also strengthens community bonds and inspires a lasting commitment to fitness and sports. The event leaves a positive impact by raising awareness about the importance of an active lifestyle and motivating individuals to continue pursuing health and wellness beyond the event. Overall, it is a celebration of sportsmanship, unity, and the joy of physical activity.

### **PHOTOGRAPHS OF THE EVENT**













**Principal**  
**Aarihant Homoeopathic Medical College & R.I.**  
**Bhoyan Rathod, Gandhinagar.**